

Stephanie Sposato, MPT



Charan Chadha, MPT

Success Story

On Mother's Day 2002, I was supposed to be pampering my wife. Instead, I was having a catch with my brother when I tore the meniscus in my left knee. The rest of the day was spent with ice on my knee and no sympathy from the ladies. Two weeks after surgery, my surgeon prescribed physical therapy. When I quizzed him on where to go, he had only glowing remarks about Steph and Charan and the great work they do at Bounce Back Physical Therapy.

Stephanie and Charan are extremely caring therapists. They were always concerned with how my knee was feeling. They constantly challenged me at my rehabilitation, though never taking it too far. I felt that my progress went very well. My recovery was completed ahead of schedule.

Besides great care, Stephanie and Charan take great interest in their patients. The atmosphere at therapy appointments was always jovial and positive. Encouragement came from other patients as well as Steph and Charan. They help make a negative problem into a positive experience.

David